



Moose Jaw: 12 hours in Canada's most notorious city

The small city of Moose Jaw, located about 80 kilometers west of the provincial capital of Regina and directly on Trans-Canada Highway, is a little eye-catcher. It delights with the laid-back charm of its downtown area, featuring historic buildings, huge murals and many small boutique-style stores. At the same time, the city wows with art and culinary delights and looks back on a notorious history. Last but not least, visitors to Wakamow Valley can enjoy Moose Jaw's natural park with ample opportunities for outdoor recreation.

The Saskatchewaner Andrew Hiltz, Saskatchewan's official travel blogger and adventurer, shows us what 12 hours in Moose Jaw could look like:

- 10.00 am:** Step back in time at the [Tunnels of Moose Jaw](#) with a themed tour that explores local legends. Beneath downtown streets, immerse yourself into the world of Prohibition-era bootleggers in the *Chicago Connection Tour*, or experience the life of a Chinese immigrant working at an underground laundry on the *Passage to Fortune Tour*. *Bunker 24* is a new tour (wheelchair accessible) that tells the story of Canada's growth as a nation following the Second World War. The backdrop is a 1950s Cold War bunker, and you are entering your first day of training as a new recruit.
- 12.00 pm:** Enjoy art and lunch at the [Yvette Moore Gallery](#). Housed in the restored 1910 Land Titles Building, the gallery showcases the work of the internationally renowned painter, along with creations from over 40 western Canadian artisans. Its onsite restaurant, The Gallery Café, serves classic prairie cuisine with an artistic take.

- 2.00 pm:** After this leisurely break, breathe in fresh air as you wander the trails of [Wakamow Valley](#). The lush parkland and natural habitat is home to a variety of flora and fauna, including over 190 species of birds.
- 3.00 pm:** In the afternoon, the stores and cafes in historic downtown Moose Jaw entice you to take a stroll. Don't miss the famous "Murals of Moose Jaw" - 46 gigantic murals on a wide variety of downtown walls.
- 5.00 pm:** Relax and unwind in the warm, geothermal water of [Temple Gardens Mineral Spa](#). Canada's largest and multi-award-winning mineral water pool, ensures pure relaxation for muscles and soul. Massage, yoga or cosmetic treatments crown the soothing spa experience.
- 7.00 pm:** Uncover the history of the local alcohol industry in Saskatchewan from the 1870s to today during a wine and dine experience with [Prairie Bee Meadery](#), in partnership with [Grant Hall Hotel](#). Sample cocktails and shop for your favourite products in the showroom of Saskatchewan's first craft meadery. Then make your way to the Grant Hall Steak House & Lounge in the hotel for some fine dining.
- 9.00 pm:** To end the evening, a drink at [Rosie's on River Street](#) is not to be missed. You have earned it!

Did you know?

You can relive history with a ride on the only operating steam locomotive in Saskatchewan at the [Western Development Museum - Moose Jaw](#). Transportation is the theme of the museum, which dedicates part of its aviation exhibit to the Canadian Forces Snowbirds 431 Air Demonstration Squadron.

Further information can be found at www.tourismsaskatchewan.com and www.tourismmoosejaw.com.